



MAR



STARTERS, SOUPS AND SALADS

◆ CAPRESE (TOMATE, MOZARELLA, BLACK OLIVES, BASIL & BALSÁMIC)	12.80
◆ ENSALADA MIXTA ((MEZCLUM OF LETTUCE, TUNA, BOILED EGG ,OLIVES AND OLIVE OIL)	12.80
◆ GREEK SALAD (TOMATO, CUCUMBER, FETA CHEESE, BLACK OLIVES, OREGANO AND VIRGIN OLIVE OIL).....	12.80
◆ CESAR SALAD (ROMANA LETTUCE, CRISPY CHICKEN, CROUTONS, PARMESAN, CAESAR SAUCE)	13.80
◆ ENSALADA MAR (MEZCLUM OF LETTUCE, PRAWNS, SMOKED SALMON, CRAB, PINEAPPLE AND COCKTAIL SAUCE)	14.80
◆ CAMPESINA MEZCLUM DE LETTUCE, CRISPY BACON, GOAT CHEESE, PASAS, PIÑONES Y VINAGRETA DE FRUTOS)	13.80
◆ TOMATO CREAM SOUP.....	8.80
◆ CHICKEN NOODLE SOUP.....	8.80
◆ GAZPACHO ANDALUZ	8.80
◆ ONION & GRATIN CHEESE SOUP	9.80

MEAT - STEAK HOUSE

◆ GRILLED BREAST OF CHICKEN.....	12.80
◆ BREAST OF CHICKEN IN CURRY	15.80
◆ ½ ROASTED CHICKEN.....	12.80
◆ SPARE RIBS BBQ HONEY	17.80
◆ GRILLED PORK TENDERLOIN	12.80
◆ SCHNITZEL.....	12.80
◆ LLOM AMB COL "PORK FILLET WITH MALLORCAN SOBRASSADA CHORIZO IN CABBAGE LEAF"	16.80
◆ BURGER BLACK ANGUS (250gr) CHEDDAR, BACON , CRISPY ONION & BURGER SAUCE	16.80
◆ BEEF STROGANOFF	16.80
◆ OX TAIL A LA CORDOBESA	16.80
◆ RIBEYE STEAK (250GR)	18.80
◆ T-BONE STEAK (400GR)	26.80
◆ LAMB CHOPS FRIED WITH GARLICS.....	18.80
◆ MIX GRILL OF MEAT (BEEF , LAMB, CHICKEN)	26.80
• SAUCES = PEPPER, ROQUEFORT, HUNTERS OR GIPSY	3.50

ALL MEAT OR FISH SERVED WITH ONE OF THESE DISHES :
1. CHIPS AND SALAD - 2. BAKED POTATO AND SALAD

FISH AND SEAFOOD

◆ GRILLED SARDINES.....	10.80
◆ GRILLED SALMON.....	15.80
◆ GRILLED SEABREAM	17.80
◆ GRILL SOLE.....	17.80
◆ COD WITH MARINERA SAUCE (MUSSELS AND PRAWNS)	18.80
◆ SQUID MALLORQUIN STYLE (CASSOLETE WITH SQUID, TOMATOS, GARLIC, ONIONS, RAISINS)	15.80
◆ GRILLED CALAMARI CALAMARI.....	17.80
◆ CALAMARI FRIED ANDALUCIAN STYLE.....	13.80
◆ GRILLED BIG PRAWNS	19.80
◆ SEAFOOD MIX GRILL (½ LOBSTER, 2 PRAWNS, 2 CRAYFISH, MUSSELS, CLAMS)	33.80
◆ FISH & SEAFOOD MIX GRILL (½ MARKET FISH , ½ CALAMAR, 2 PRAWNS & MUSSELS)	28.80
• SAUCES = ROQUEFORT, ALIOLI, GUacamole OR HOTCHILI.....	3.50

PAELLAS & CASSEROLE

(MIN 2 PERS. – PRECIO POR PERSONA)



◆ PAELLA MIXTA (MEAT AND SEAFOOD).....	17.80
◆ PAELLA MEAT	17.80
◆ PAELLA SEAFOOD.....	18.80
◆ PAELLA SEAFOOD (BONELESS).....	17.80

◆ FIDEUÁ MIXTA	17.80
◆ PAELLA BLACK	17.80
◆ PAELLA VEGETARIAN	16.80
◆ PAELLA LOBSTER (% LOBSTER, PRAWNS)	29.80

PASTA

◆ SPAGHETTI CARBONARA	12.80	◆ FUSSILI GRATINADO 4 FORMAGGIO & FUNGI.....	14.80
◆ SPAGHETTI ARRABBIATTA (TOMATE, CHILI, GARLIC)	11.80	◆ FUSSILI CURRY CHICKEN (CHICKEN CURRY).....	16.80
◆ SPAGHETTI BOLOGNESE.....	13.80	◆ TAGLIATELLI CALAMARI (TOMATO, ONION, CHILI)...	16.80
◆ SPAGHETTI MAR (TUNA, PRAWNS, SURIMI).....	17.80	◆ TAGLIATELLI NORDIC (SMOKED SALMON,SPINACHS)	16.80
◆ LASAGNA BOLOGNESE GRATIN.....	13.80	◆ TAGLIATELLI PESTO & PARMIGIANO.....	11.80

SNACKS (SERVED ONLY FROM 10:00 – 18:00)

PA AMB OLI (2 MALLORCAN BRUSCHETTAS)

◆ MANCHEGO CHEESE.....	12.80
◆ SERRANO HAM.....	12.80
◆ SERRANO HAM & CHEESE.....	12.80
◆ ANCHOVIES & CHEESE	13.80

BAGUETTES

◆ TUNA.....	9.80
◆ MANCHEGO CHEESE.....	9.80
◆ CHICKEN	9.80
◆ SERRANO HAM.....	9.80



BURGER & SANDWICH

WITH CHIPS + 4.5 €

◆ BURGER	8.80
◆ CHEESEBURGER	9.80
◆ BACON N' CHEESE BURGER	10.80
◆ CRISPY CHICKEN BURGER	8.80
◆ NUGGETS WITH CHIPS	10.80
◆ BRATWURST OR CURRYWURST	9.80
◆ SANDWICH HAWAI (HAM, CHEESE & PINNEAPPLE)	9.80
◆ SANDWICH CLUB (BACON, CHEESE, EGG, MIX CHICKEN, SALAD, TOMATO AND MAYONaise)	12.80
◆ HAM AND CHEESE TOASTED SANDWICH.....	8.80
◆ SANDWICH NORDICO (SALAD, TOMATO, CHEESE CREAM, GHERKINS &SMOKED SALMON)	9.80
◆ SANDWICH POLLO (MIX CHICKEN, SALAD, TOMATO & MAYONaise)	8.80
◆ SANDWICH ATUN (MIX TUNA , SALAD, TOMATO & MAYONaise).....	8.80

SIDES

◆ PORTION CHIPS.....	4.50
◆ PORTION RICE.....	4.50
◆ PORTION VEGETABLES	5.50
◆ BREAD	3.00
◆ GARLIC BREAD	4.50
◆ BREAD, ALIOLI & OLIVES.....	6.50

EGGS



◆ EGG, BACON & CHIPS.....	11.80
◆ BACON & CHEESE OMELETTE.....	11.80
◆ MUSHROOMS & CHEESE OMELETTE.....	11.80
◆ PRAWNS OMELETTE.....	13.80

PIZZAS

(HOMEMADE - 28CM)



MARGARITA	(TOMAT, MOZZARELLA)	12.80
YORK	(TOMAT, MOZZARELLA, HAM)	13.80
SALAMI	(TOMAT, MOZZARELLA, SALAMI).....	13.80
FUNGHI	(TOMAT, MOZZARELLA, MUSHROOMS).....	13.80
BOMBAY	(TOMAT, MOZZARELLA, HAM, PINEAPPLE).....	14.80
ROMANA	(TOMAT, MOZZARELLA, MUSHROOMS, ONION, HAM).....	14.80
MEDITERRANEA	(TOMAT, MOZZARELLA, TUNA, ONION).....	14.80
CAPRICHOSA	(TOMAT, MOZZARELLA, SALAMI PEPPERONI, ONION, OLIVES).....	14.80
TUTTI-FRUTTI	(TOMAT, MOZZARELLA, PINEAPPLE, PEACH, BANANA).....	14.80
VEGETARIANA	(TOM, MOZZA, MUSHROOMS, CORN, ONION, PEPPER, TOMATO NATURAL).....	14.80
NAPOLITANA	(TOMAT, MOZZARELLA, HAM, MUSHROOMS, ANCHOVIES).....	15.80
PROSCIUTTO	(TOMAT, MOZZARELLA, HAM SERRANO).....	15.80
4 FORMAGGI	(TOMAT, MOZZARELLA, BRIE, ROQUEFORT, EDAM).....	15.80
FLAMENCO	(TOMAT, MOZZA, HAM SERRANO, MUSHROOMS, PEPPER GREEN, OLIVES).....	15.80
4 ESTACIONES	(TOMAT, MOZZARELLA, HAM, MUSHROOMS, TUNA, PEPPER GREEN).....	15.80
TUAREG	(TOMAT, MOZZARELLA, ROQUEFORT, HAM, DATES, MUSHROOMS).....	15.80
SICILIANA	(TOMAT, MOZZA, OLIVES, ANCHOVIES, CAPERS, TOMATO NATURAL).....	15.80
KENTUCKY	(TOMAT, MOZZARELLA, BACON, CHICKEN, ONION, SAUCE BBQ).....	16.80
BOLOGNESE	(TOMAT, MOZZARELLA, BOLOGNESE, PEPPER, ONION).....	16.80
SAN REMO	(TOMAT, MOZZARELLA, HAM, BACON, SAUSAGE).....	16.80
VENECIA	(TOMAT, MOZZARELLA, CHICKEN CURRY, MUSHROOMS, ONION).....	16.80
RUSTICA	(TOMAT, MOZZA, BACON, MUSHROOMS, ONION, EGG, OLIVES).....	16.80
MONTESA	(TOMAT, MOZZA, GOAT CHEESE, SPINACHS).....	16.80
MEXICO	(TOMAT, MOZZARELLA, "CHILE CON CARNE", PEPPER, TOMATO NATURAL).....	16.80
KEBAB	(TOMAT, MOZZARELLA, CHICKEN, PEPPER, ONION, TOMATO NATURAL, RANCH SAUCE).....	17.80
PANOLI	(TOMAT, MOZZARELLA, SERRANO,, RUCULA, GARLIC, TOMATO NATURAL, JALAPEÑOS,).....	17.80
DOLCE VITA	(TOMAT, MOZZARELLA, CHICKEN, PEPPER, MUSHROOMS, ONION).....	17.80
SOLE MIO	(MOZZARELLA DI BUFALA, RUCULA, TOMATO, PARMIGIANO, PESTO).....	18.80
HISPANIA	(TOMAT, MOZZAREL, CHORIZO, HAM SERRANO, LOMO EMBUCHADO, EGG, REDPEPPER).....	18.80
PILOTES	(TOMAT, MOZZAREL, MEATBALLS, ROASTED PEPPERS PIQUILLO, PARMIGIANO).....	18.80
CURRYDOG	(TOMAT, MOZZAREL, CURRYWURST, FRIED ONION).....	18.80
MAR	(TOMAT, MOZZARELLA, PRAWNS, MUSSELS, SURIMI).....	19.80
STEAK N CHEESE	(TOMAT, MOZZAREL, GRILLED RUMPSTEAK, GORGONZOLA, ROASTED PEPPERS....	20.80

PIZZA TOPS	GARLIC BREAD.....	4.50
	RUCULA, PESTO & PARMIGIANO.....	4.50
	JALAPEÑOS & CHILIS.....	4.50
	3 SAUCE DIPP.....	4.50

ALL OUR DISHES CONTAIN MORE INGREDIENTS THAN DESCRIBED, IF YOU HAVE ANY INTOLERANCE,
COMMUNICATE BEFORE ORDERING YOUR FOOD